



The Servant

of St. Stephen's Episcopal Church

Who's Who 2018

Vicar....

Mary S. Janda

Bishop's Warden....

Sally Nelson

Jr. Warden....

To be determined

Secretary...

Barbara Burton

Bishop's Committee....

Cynthia Hudgens
Rick Stevenson
LeAnn Curneal
Andrew Platt
Rachel Whitney
Kathryn Harrison

Clerk....

Lois Michelson

Treasurer....

Sandy Garrard

Diocesan Convention Delegates....

Daniela Lee
Sandy Garrard
Deanna Anderson,
Alternate
Virgil Knight, Alternate



Vicar's Viewpoint

February actually starts in two days from this writing, but it seems more like spring. What a mild winter we have had! Hopefully we will not be facing the wrath of winter come March!!

We are still in the season of Epiphany, but quickly we will turn to our most sacred time of the liturgical calendar—Ash Wednesday and the season of Lent. Why do I call it sacred? This is the time when we open our souls to God and do regular self-examinations of our spiritual life. What could be more sacred than that? This is a time of repentance, but I do not refer to the medieval notion of wearing hair shirts, self-flagellation, and morose attitudes. That wonderful Greek word, *metanoia*, means to turn around and to turn back to God for guidance, connection, and better understanding of what we are to do with our lives.

Lent is a more somber season: no flowers at the altar; giving up special treats as pinprick disciplines; taking on special actions towards helping our neighbors; and our hymns are mostly in a minor key to reflect this. Really listen to the words of the hymns in Lent—these prayers that are set to music.

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Sometimes they seem very dark and heavy, but that is to get our attention. Self-examination is very important in our lives—without it, we just go along thinking that we are above certain standards or practices.

Perhaps The Episcopal Church has erred in its way of taking away days of obligation; times of Confession (although the Sacrament of Confession is always available to anyone who wants to partake—just let me know); and for some reason the attendance at our Holy Week services is terribly low.

Celebrate the end days of Epiphany! Come to Shrove Tuesday Pancake Supper (Mardi Gras) and enjoy a great meal (admittance: paper plates, napkins—no Styrofoam cups!!!—and/or canned goods. Then return on Ash Wednesday for a NOON service (if I get a response for an early morning service, there may be one for those who need to get to work) or the combined service at 7:30 p.m. with San Esteban. The Sanctuary will look different this Lenten Season!

Our program for Lent will be the Episcopal Church's study of Luke and the Acts of the Apostle beginning on Wednesday, the 21st. Soup suppers will begin on the 21st as well, so be sure to sign up to bring some delicious offerings. More will be said about Holy Week in the March Newsletter.

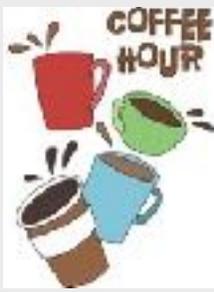
May we offer ourselves to God in a prayerful way this month and in the months to come.

Blessings,

Mary+

You could be
the author
of this column
in the next
newsletter.

Let us hear from
you!



Please remember to come to coffee hour after each Sunday's service and please consider helping with the effort, especially if you see something simple that would help make it more enjoyable for you personally. Finally, I have had a request that drinks with red 40 as in Hawaiian Punch not be available; some children seem to react to it.

Love,

Fran

Shrove Tuesday Pancake Supper



6:00 p.m., Tuesday, February 13, 2018,

at

St. Stephen's Episcopal Church, Parish Hall

4615 South 3200 West

West Valley City, Utah

Cost of admission - donation of:

Paper Plates - Please - NO STYROFOAM

Napkins

Canned food items for the Red Box and/or

Granger Food Bank

